

**December 16<sup>th</sup>, 2021**

**from 6.00 to 7.30 PM**

**Sheraton Milan San Siro**

Via Caldera, 3, Milan 20153 Italy



# REACTIVE

**Clinical remission  
and functional recovery:**

realistic goals  
in schizophrenia  
treatment?



## Clinical remission and functional recovery: realistic goals in schizophrenia treatment?

The management of schizophrenia has traditionally focused on the assessment of symptomatology and neurocognitive functioning. However, there is increasing interest in developing more comprehensive models focusing on functional recovery. Functional recovery goes beyond clinical remission and encompasses multiple aspects of the patient's life; it is a concept recognised as useful in day to day practice and can be a realistic goal in the management of people living with schizophrenia.

While antipsychotic medications are effective in treating psychotic symptoms, cognitive deficits have been recognised as being more associated with functional outcomes than are psychotic symptoms. Furthermore, a pure symptomatic remission is not sufficient to reach the treatment goal of functional remission: the crucial factor is how well the patient is able to fulfill private and professional functioning and to achieve social reintegration.

An integrated and multifaceted approach involving pharmacotherapy, psychosocial interventions, and attention to environmental circumstances can improve outcome and might achieve recovery in patients living with schizophrenia.

This webinar focusses on the functional recovery of people living with schizophrenia, with a panel of opinion leaders from different countries sharing their clinical practice. The discussion, hosted live by a middlewoman, will open with the introduction of clinical remission and functional recovery assessment criteria, evaluating factors influencing functional recovery, like severity of symptoms and neurocognitive performance, and how functional recovery impacts on patients QoL.

Added value of the discussion comes from the different clinical experiences, applying both pharmacological and non-pharmacological interventions, to achieve not only clinical remission but also functional recovery.

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5.55 - 6.00

Welcome and introduction  
of the meeting  
and of the panel of speakers

**Middlewoman:** Sermin Kartal

6.00 - 7.00

**Functional recovery  
in schizophrenia:  
how do we manage it?**

**Middlewoman:** Sermin Kartal

**Speakers:** Manuel Martín-Carrasco  
Andrea de Bartolomeis  
Goeran Hajak  
Sofia Pappa

7.00 - 7.30

Open discussion  
and Q&A session

**Middlewoman:** Sermin Kartal

7.30 - 7.35

Closing remarks



## FACULTY

**Manuel Martín-Carrasco** - Father Menni Psychiatric Clinic - Pamplona, Spain

**Andrea de Bartolomeis** - Direttore Sezione di Psichiatria e UOC di Psichiatria e Psicologia, Università di Napoli Federico II - Napoli, NA, Italy

**Goeran Hajak** - Sozialstiftung Bamberg - Klinikum am Michelsberg, Germany

**Sermin Kartal** - gHealthcare - Istanbul, Turkey

**Sofia Pappa** - Mental Health for the National Institute for Health Research (NIHR) - London, United Kingdom

An application has been made to the UEMS EACCME® for CME accreditation for the webinar. Please note, that you can only obtain UEMS credit points when attending the live webinar. You will not receive UEMS credit for on-demand viewing!

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